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Event

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Event

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Event Title:	Become an expert in your own mental health and any potential risks
Organisation:	Aston University
Collaborative organisations:	Warwick Medical School
Date of Event:	Start Date: 14/09/2010 End Date: 14/09/2010
Time of Event:	Start time: 13:00 - End time: 15:00
Sponsors / Supporters:	
Event Summary:	Everyone's life has difficult periods when emotions and decision-making can become hard to control. GRiST is a web program that lets you explore how these periods may affect your mental health and associated risks (eg suicide or violence). Try GRiST on one of the computers and take the opportunity of learning about it at first hand from the developers and NHS clinicians.
Audience level:	4. All adults
Event Format:	Rolling presentation with opportunities for people to try out the software and discuss it with both the developers and mental-health clinicians.
Event Category:	Medicine and health
Free Keyword:	mental health risk assessment
Press Interest:	We will be unveiling a new version of GRiST that can be used by members of the public. It is a unique approach to helping people understand and manage their own mental health and associated risks. Press interest may focus on the potential for detecting and preventing the kind of high-profile suicides and harm to others that regularly hit the headlines. We are not suggesting that GRiST would guarantee these never happen but by putting expertise into the hands of people at risk and providing them with avenues of help, we hope that some of them will be avoided.

AV and Room requirements

Computer:	Yes
Data Projector:	Yes
Microphone:	Yes
Other AV requirements:	We need a room where it is possible to present GRiST first and then allow people to try it out themselves. It will need a series of network PCs as well as screens where a presentation can be projected.
Room setup:	Networked PCs with web access and java enabled in the browsers. Also, a speaker's PC that can be projected onto a screen for a presentation. The PC should also be networked and able to use java.
Additional room requirements:	Additional chairs, stools, etc so that people can sit down and listen to the presentation or talk to clinicians without having to be at a PC terminal. We would be looking for a large computer lab with plenty of additional space for these chairs.

Event Agenda[+ ADD AGENDA ITEM](#)

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